

# 19<sup>th</sup> Lithuania Open Taekwondo Championship 2018

**Date:** 2018-04-14

**Place:** "VRM Sporto rūmai"

**Address:** Žirmūnų 1e , Vilnius, Lithuania

**Organizer:** Lithuanian taekwondo federation

+370 670 217 01 taekwondolt@yahoo.com [www.taekwondo.lt](http://www.taekwondo.lt)

**Deadline:** 2018-04-10 (or 300 competitors limit) **Visa request DEADLINE 2018 03 12**

**Registration:** [reg.taekwondo.lt](http://reg.taekwondo.lt) (no email registration)

**Official Hotel :** 20 € person/night with breakfast, 3 stars, 900m. from hall, free parking, Wi-Fi, perfect location in center of Vilnius. Slucko 8, Vilnius ECOTEL HOTEL

Accommodation reservations must be done with team application form.

Hotel reservation deadline: preliminary reservation before **2018-04-01 Hotel reservation requests must be sent to: taekwondolt@yahoo.com**

**Competition start:** 2018-04-14 9:00

Registration and weight: during registration team must have a printed list of team members received by email after registering at reg.taekwondo.lt

2018-04-13 Friday **20:00 - 21:00 in official hotel only** (passports/licenses)

2018-04-14 Saturday 8:00 - 9:00 in hall (with passports/licenses)

**Rules:** WTF, ETU, LTF

**Awards:** 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places, best teams and best fighter - special prize for winner of category with most number of participants.

**Entry fee:** 25 €. **After deadline entry fee - 30 €, change weight category: -15 €**

Age (years)	Duration (min.)	Sex	Weight (kg.)
7-8 Children (no head kicks)	2 x 1	Male/ Female	-26, -30, -35, -40, +40
9-11 Children			-30, -35, -40, -45, -50, +50
12-14 Cadets	2 x 1,5	Male	-33, -37, -41, -45, -49, -53, -57, -61, -65, +65
		Female	-29, -33, -37, -41, -44, -47, -51, -55, -59, +59
15-17 Juniors	2 x 2	Male	-45, -48, -51, -55, -59, -63, -68, -73, -78, +78 <b>electronic headgear</b>
		Female	-42, -44, -46, -49, -52, -55, -59, -63, -68, +68 <b>electronic headgear</b>
Seniors		Male	-58, -68, -80, +80 <b>electronic headgear</b>
		Female	-49, -57, -67, +67 <b>electronic headgear</b>

If category has 3 participants or less - it may be joined with closest category. Participants have to be a members of taekwondo federation or club, accepted LTF, ETU and WTF rules, have an insurance and

consent of their parents (under 18). All competitors are considered to participate at their own risk. LTF assume no responsibility for any damages, injures or losses. WTF approved headgear, groin, forearm and shin protectors, gloves and mouth guard will be brought by the contestants, which is compulsory. Contestants fight in DaeDo EBP and need to wear special socks. Electronic body protectors and headgear will be provided by LTF

**Will be 3 hours of competition live stream on internet! All news about Lithuania open check on Facebook/Lietuvos Taekwondo federacija**

Referees are welcome. International referee will get 20 €, official hotel only and meal during the competition.

Open Lithuanian Taekwondo Championship director

Žymantas Bražiūnas