

19th Lithuania Open Taekwondo Championship 2018

Date: 2018-04-14

Place: “VRM Sporto rūmai“

Address: Žirmūnų 1e , Vilnius, Lithuania

Organizer: Lithuanian taekwondo federation

+370 670 217 01 taekwondolt@yahoo.com www.taekwondo.lt

Deadline: 2018-04-10 (or 300 competitors limit) **Visa request DEADLINE 2018 03 12**

Registration: reg.taekwondo.lt (no email registration)

Official Hotel : 20 € person/night with breakfast, 3 stars, 900m. from hall, free parking, Wi-Fi, perfect location in center of Vilnius. Slucko 8, Vilnius ECOTEL HOTEL

Accommodation reservations must be done with team application form.

Hotel reservation deadline: preliminary reservation before **2018-04-01 Hotel reservation requests must be sent to: taekwondolt@yahoo.com**

Competition start: 2018-04-14 9:00

Registration and weight: during registration team must have a printed list of team members received by email after registering at reg.taekwondo.lt

2018-04-13 Friday **20:00 - 21:00 in official hotel only** (passports/licenses)

2018-04-14 Saturday 8:00 - 9:00 in hall (with passports/licenses)

Rules: WTF, ETU, LTF

Awards: 1st, 2nd and 3rd places, best teams and best fighter - special prize for winner of category with most number of participants.

Entry fee: 25 €. After deadline entry fee - 30 €, change weight category: -15 €

Age (years)	Duration (min.)	Sex	Weight (kg.)
7-8 Children (no head kicks)	2 x 1	Male/ Female	-26, -30, -35, -40, +40
9-11 Children	2 x 1,5		-30, -35, -40, -45, -50, +50
12-14 Cadets		Male	-33, -37, -41, -45, -49, -53, -57, -61, -65, +65
		Female	-29, -33, -37, -41, -44, -47, -51, -55, -59, +59
15-17 Juniors		Male	-45, -48, -51, -55, -59, -63, -68, -73, -78, +78 electronic headgear
	Female	-42, -44, -46, -49, -52, -55, -59, -63, -68, +68 electronic headgear	
Seniors	Male	-58, -68, -80, +80 electronic headgear	
	Female	-49, -57, -67, +67 electronic headgear	

If category has 3 participants or less - it may be joined with closest category. Participants have to be a members of taekwondo federation or club, accepted LTF, ETU and WTF rules, have an insurance and

consent of their parents (under 18). All competitors are considered to participate at their own risk. LTF assume no responsibility for any damages, injuries or losses. WTF approved headgear, groin, forearm and shin protectors, gloves and mouth guard will be brought by the contestants, which is compulsory. Contestants fight in DaeDo EBP and need to wear special socks. Electronic body protectors and headgear will be provided by LTF

Will be 3 hours of competition live stream on internet! All news about Lithuania open check on Facebook/Lietuvos Taekwondo federacija

Referees are welcome. International referee will get 20 €, **official hotel only** and meal during the competition.

Open Lithuanian Taekwondo Championship director

Žymantas Bražiūnas