

## "Vilnius cup 2019" international taekwondo tournament

**Date:** 2019-01-19

**Place:** "Vilniaus kultūros, pramogų ir sporto rūmai", a.k.a. "VRM"

**Address:** Žirmūnų st. 1E, Vilnius, Lithuania

**Organizer:** Lithuanian Taekwondo federation

+370 670 217 01 [taekwondolt@yahoo.com](mailto:taekwondolt@yahoo.com)

[www.taekwondo.lt](http://www.taekwondo.lt)

**Deadline:** 2019-01-17 (or 250 competitors limit)

**Registration:** [tpss.eu](http://tpss.eu)

**Official Hotels:** 22 EUR (3 stars) person/night with breakfast, Wi-Fi, perfect location in center of Vilnius.

Accommodation reservations must be done with team application form.

Hotel reservation deadline - 2019-01-12

**Competition start:** 9:00

**Registration and weigh-in:**

2019-01-18 Friday 20:00 - 21:00 in official hotel only

2019-01-19 Saturday 8:00 - 9:00 in hall (with passports)

**Rules:** WTF, LTF (Video Replay)

**Awards:** 1<sup>st</sup>, 2<sup>nd</sup> and two 3<sup>rd</sup> places get medals.

**Entry fee:** 25 Euro (after deadline - 30 Euro)

Change weight category: +10 Euro

**Categories:**

Age	Kup	Sex	Weight (kg.)
Kids 7-9 (no head kicks)	from 9th kup	Male &	-26, -30, -35, -40, +40
Kids 10-11	from 7th kup	Female	-30, -35, -40, -45, +45
12-14 years Cadets	from 5th kup	Male	-33, -37, -41, -45, -49, -53, -57, -61, -65, +65
		Female	-29, -33, -37, -41, -44, -47, -51, -55, -59, +59
15-17 years Juniors	from 5th kup	Male	-45, -48, -51, -55, -59, -63, -68, -73, -78, +78
		Female	-42, -44, -46, -49, -52, -55, -59, -63, -68, +68
17+ Seniors	from 5th kup	Male	-58, -68, -80, +80
		Female	-49, -57, -67, +67

If category has 3 participants or less - it may be joined with closest category.

Participants have to be members of taekwondo clubs participating kyorugi by WTF rules.

All competitors are considered to participate at their own risk. The Lithuanian taekwondo federation and the organizer assume no responsibility for any damages, injuries or losses.

WTF approved headgear, groin, forearm and shin protectors, gloves and mouth guard will be brought by the contestants, which is compulsory.

Electronic body protectors and helmets will be provided by organizer

Referees are welcome. International referee will get 25 Euro and meal during the competition.

Welcome to winter Vilnius!