



International Taekwondo Tournament “Vilnius Cup 2020”

Date: 2020-01-18

Venue: Vilniaus kultūros, pramogų ir sporto rūmai

Address: Žirmūnų g. 1E, Vilnius 09229, Lithuania

Organizer: Lithuanian Taekwondo Federation

+370 670 217 01

taekwondolt@yahoo.com

www.taekwondo.lt

Registration: tpss.eu (TaekoPlan Subscription Site)

Deadline: 2020-01-15 (or 300 competitors)

Entry fee: 25 Euro (30 Euro after the deadline).

Change weight category: +10 Euro.

Competitors without official federation licenses must pay 50 Euro starting fee.

Competition start: 9:30

Registration and weigh-in:

2020-01-17	Friday	20:00 - 21:00	in official hotel
2020-01-18	Saturday	8:00 - 9:00	in sports hall (with passports)

Rules: WT, LTF

Participants have to be members of taekwondo clubs participating kyorugi by WT rules.

All competitors are considered to participate at their own risk. The Lithuanian taekwondo federation and the organizer assume no responsibility for any damages, injuries or losses.

Awards: 1st, 2nd and two 3rd places will be awarded with medals.

WT approved groin, forearm and shin protectors, gloves and mouth guard will be brought by the contestants, which is compulsory. Electronic body protectors and headgear will be provided by organizer.

Referees are welcome.

International referee will get 25 Euro, 1 night accommodation in official hotel and meal during the competition.

Official Hotels: 23 EUR (3 stars) person/night with breakfast, free secure parking, Wi-Fi, perfect location (900m from the hall) in center of Vilnius.

Please do accommodation reservations as soon as it possible by e-mail.

(Hotel reservation email: taekwondolt@yahoo.com)

Hotel reservation deadline: 2020-01-15.

Visa request deadline: 2019-12-10.



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Categories:

Age	Kup	Sex	Weight (kg)
Kids B (2011-2012) (no head kicks) 2x1min	from 9 th Kup	Male and Female	-27, -30, -33, -36, -40, -44, -48, -52, -57, +57
	from 7 th Kup		
Cadets (2006-2008) 2x1.5min	from 5 th Kup	Male	-33, -37, -41, -45, -49, -53, -57, -61, -65, +65
		Female	-29, -33, -37, -41, -44, -47, -51, -55, -59, +59
Juniors (2003-2005) 2x2min	from 5 th Kup	Male	-48, -55, -63, -73, +73
		Female	-44, -49, -55, -63, +63
Seniors (2003+) 2x2min	from 5 th Kup	Male	-58, -68, -80, +80
		Female	-49, -57, -67, +67

Cadets, Juniors and Seniors will use electronic headgear.

Category with less than 4 contestants will be joined with the closest category if possible.